

Pre-Conference: The Active Transportation Solution

8:00 AM	Optional: Garneau School Bike Bus Experience Starting at 105 Street and University Avenue, SW Corner
9:00 AM	Registration North Foyer
10:00 AM	Opening and Welcome Main Ballroom
10:15 AM	Draw me a picture of your journey: Understanding active school travel experiences among students in Edmonton, Alberta This session will share findings from recent arts-based research with 20+ students in Edmonton aimed at understanding youth Active School Travel (AST) experiences. The session will provide an overview of the research, with links to best-practices examples for AST. Attendees will gain an understanding of key AST considerations for schools and neighborhoods, with discussion on ways they can promote well-being through AST resources and strategies in their own communities. Genevieve Montemurro, Dr. Kate Storey, Megan MacNeil, Shivani Solanki, Danielle Klassen (University of Alberta)
11:15 AM	Tools for Schools Let's begin our conversation at the school site. Comprehensive School Health is embedded within Green Communities Canada's evidence-based School Travel Planning (STP) process. Each of the tools in the STP toolkit and the Active School Travel Curricular Connections resource will be examined to understand how they serve not just the goals of the school site but those of the school jurisdiction and the municipality as well. Applicable examples from the ongoing project work of Ever Active Schools will be showcased. Ever Active Schools
12:00 PM	Lunch
1:00 PM	The Active Transportation Solution: It Takes a Village School Travel Planning (STP) at school sites is key to the Active School Travel (AST) movement, as it provides the validation that school jurisdictions need to scale the work to additional schools. In fact, STP is one of the recommendations outlined in the AST Policy and Practice Recommendations for Alberta School Jurisdictions tool. Together, we will examine each recommendation and the valuable role that school jurisdictions play in advancing AST, before exploring the role of municipalities in fostering a culture of walking and wheeling. Ever Active Schools
2:00 PM	How to REALLY increase physical activity among children A review of the international EU-funded Sustainable and Inclusive Access to Sports Practice (SIASP) project that addresses the prevalent issue of limited physical activity despite children's participation in all kinds of sports clubs. The project partners from Finland, Slovakia and Austria question whether building sports facilities alone suffices for the shift towards active communities, and propose that active travel, especially cycling, among children and their parents as a way to reach venues of children's extracurricular activities will have a much stronger impact. Seeking to spark a broader conversation, the session will prompt discussions on accessibility of sports facilities and active mobility plans and projects in the Canadian/Northern American context. Petra Necasova (Winter Cycling Federation)
2:20 AM	Share in an open discussion of national and international Active School Travel best practices
2:50 PM	Closing Remarks
Conference Themes	
Champion It!	The sessions in this stream address advocacy and communications.
Maintain It!	The sessions in this stream address maintenance, operations and bike share systems.
Design It!	The sessions in this stream address planning, design, and policy to support winter cycling.
	Keynotes, Workshops, Panels and Guided Rides
	Meals and coffee breaks.